

Curriculum Vitae for:

**Kathy Korell-Rach, Ph.D.**

Colorado Licensed Psychologist # 4016

Life Coach for Sport Performance

970-286-7856

kkorellrach@gmail.com

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EDUCATION

- Doctor of Philosophy** University of North Dakota - Grand Forks, ND  
Department of Clinical Psychology  
Degree Conferred: August 2011  
Advisor: Justin Douglas McDonald, Ph.D.
- Master of Arts** University of North Dakota - Grand Forks, ND  
Department of Clinical Psychology  
Degree Conferred: August 2007  
Advisor: F. Richard Ferraro, Ph.D.
- Bachelor of Arts** University of Wyoming - Laramie, WY  
College of Arts and Sciences  
Major: Psychology; Minor: Sociology  
Degree Conferred: May 2004
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CLINICAL EXPERIENCE

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| <b>Country Counseling, LLC</b><br>July 2013 – present<br>Loveland, Colorado<br>Licensed Clinical Psychologist/Owner  | <b>University of Colorado Denver</b><br>July 2009 – June 2010<br>Aurora, Colorado<br>APA Accredited Internship<br>Major Rotation: Colorado Department of<br>Corrections<br>Minor Rotation: The Center for Integrative<br>Medicine<br>Minor Rotation: National Jewish Health<br>Center |
| <b>Rocky Mountain Memory Center</b><br>October 2017-October 2018<br>Fort Collins, Colorado<br>Neurocognitive Rehabilitation Therapist                                |   |
| <b>La Luna Center &amp;<br/>Fort Collins Therapy Center</b><br>July 2010 – August 2013<br>Fort Collins, Colorado<br>Psychologist Candidate/<br>Licensed Psychologist | <b>La Luna Center</b><br>August 2008 – June 2009<br>Fort Collins, Colorado<br>Practicum Student   |

**Red River Valley Juvenile Center**

May 2007 – May 2008  
Crookston, Minnesota  
Practicum Student

**Psychological Services Center**

August 2006 – May 2007  
University of North Dakota  
Practicum Student

**Tri-County Community Corrections**

May 2007 – May 2008  
Crookston, Minnesota  
Practicum Student

**Center for Psychological  
and Educational Assessment**

August 2006 – May 2007  
University of North Dakota

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TEACHING EXPERIENCE

**Front Range Community College**

January 2011 – May 2011  
Part-Time Instructor

**University of North Dakota**

August 2005 – May 2007  
Graduate Teaching Assistant

**University of Colorado, Denver**

September 2009 - November 2009  
Medical Student Preceptor

**Fremont County School District No. 24**

August 2004 – May 2005  
Paraeducator

**Indians into Psychology**

**Doctoral Education (INPSYDE)**

June 2007  
Program Summer Institute Teacher

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RESEARCH EXPERIENCE

**University of North Dakota/  
Eastern Connecticut State University**

January 2006-January 2007  
Brown Localization Test  
Supervisors: F. Richard Ferraro, Ph.D.  
Franklin C. Brown, Ph.D.

**University of Wyoming**

August 2002-May 2004  
Research Assistant  
Supervisor: David Estes, Ph.D.

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PROFESSIONAL ACTIVITIES, WORKSHOPS, AND MEMBERSHIPS

**American Psychological Association**

Full Member: August 2011 – February 2017  
Associate: May 2010 – August 2011

**Psychodrama Training Group**

Instructor: Karen Drucker, Psy.D.  
January 2011 – May 2013

**Acceptance and Commitment Therapy  
For Treating Eating Disorders**

Presenter: La Luna Center, Boulder  
July 2012

**Integrating Art Therapy in the Treatment  
Of Trauma and Eating Disorders**

Presenter: Eating Disorder Center of Denver  
October 2008

**Health Psychology Seminar Series**

Presenter: University of Colorado Denver  
July 2009 – June 2010

**Working with Bisexual Clients Workshop**

Presenter: Robyn Ochs  
January 2008

**Psychiatry Grand Rounds**

Presenter: University of Colorado Denver  
September 2009 – May 2010

**Parents And Children Talking (PACT)  
Workshop**

Presenter: UND Conflict Resolution Center  
February 2007

**Social Rhythm and Interpersonal  
Therapy Workshop**

Workshop Instructor: Ellen Frank, Ph.D.  
October 2009

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HONORS

OpenCare Patients' Choice Award for Psychologist – 2015

Nominated for Master Teacher Award at Front Range Community College – 2011

Nominated for University of North Dakota Outstanding Master's Thesis 2007-2008

University of Wyoming College of Arts and Sciences Top Twenty Graduate – 2004

University of Wyoming Outstanding Senior Psychology Student – 2004

University of Wyoming Outstanding Junior Psychology Student – 2003

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PUBLICATIONS

Professional Peer-Reviewed Articles:

Dissertation: Korell-Rach, K. L. & McDonald, J.D. (2011). Alleviating equines:  
Investigating the hypothesized mechanisms of change in equine assisted  
psychotherapy.

Thesis: Korell, K. L. & Ferraro, F. R. (2007). Investigating the sociometer theory and its  
impact on disordered eating within sororities.

Korell, K. L., Marino, J., & Ferraro, F. R. (2008). Review of understanding  
developmental disorders: A causal modeling approach. *The Psychological  
Record, 58*, 325-326.

Korell-Rach, K., & Ferraro, F. R. (2010). Review of handbook of approach and  
avoidance motivation. *The Psychological Record, 60*, 555-556.

Marino, J., Cowles, M., Ertelt, T. W., Korell, K. L., Campbell, J., & Ferraro, F. R. (2010). Review of obesity: Causes, mechanisms, prevention, and treatment. *The Psychological Record*, 60, 381-382.

Life Coaching for Sport Performance Articles in National and Regional Magazines:

The Right Stuff. *The Team Roping Journal*, November 2018.  
Training Your Team Roping Tot. *The Team Roping Journal*, June 2018.  
Mastering The Mental Game. *The Team Roping Journal*, December 2017.  
Selecting Your Lense. *The Wrangler: Horse and Rodeo News*, May 1, 2017.  
For Whom Are You Riding? *The Wrangler: Horse and Rodeo News*, Apr 1, 2017.  
Communication Complications. *Barrel Horse News*, Mar 2017.  
Are You Lucky? *The Wrangler: Horse and Rodeo News*, Mar 1, 2017.  
When It's Going NOT So Well. *The Wrangler: Horse and Rodeo News*, Feb 1, 2017.  
When It's Going Well. *The Wrangler: Horse and Rodeo News*, Jan 1, 2017.  
Make Them Behave (Part III). *The Wrangler: Horse and Rodeo News*, Dec 1, 2016.  
Make Them Behave (Part II). *The Wrangler: Horse and Rodeo News*, Oct 1, 2016.  
Make Them Behave (Part I). *The Wrangler: Horse and Rodeo News*, Sept 1, 2016.  
Cross Training. *The Wrangler: Horse and Rodeo News*, July 1, 2016.  
Handling Pressure. *The Wrangler: Horse and Rodeo News*, June 1, 2016.  
Do What Works. *The Wrangler: Horse and Rodeo News*, May 1, 2016.  
Are You Contagious? *The Wrangler: Horse and Rodeo News*, Apr 1, 2016.  
Pull Your Head Out of Your...*The Wrangler: Horse and Rodeo News*, Mar 1, 2016.  
Taking The Leap. *The Wrangler: Horse and Rodeo News*, Feb 1, 2016.  
Put Me In Coach! *The Wrangler: Horse and Rodeo News*, Jan 1, 2016.  
The Off-Season. *The Wrangler: Horse and Rodeo News*, Dec 1, 2015.  
Thanksgiving. *The Wrangler: Horse and Rodeo News*, Nov 1, 2015.  
Routines Are Required. *The Wrangler: Horse and Rodeo News*, Oct 1, 2015.  
Finding Flow. *The Wrangler: Horse and Rodeo News*, Sept 1, 2015.  
Size Matters. *The Wrangler: Horse and Rodeo News*, Aug 1, 2015.  
Independence Day. *The Wrangler: Horse and Rodeo News*, July 1, 2015.  
Riding Scared? *The Wrangler: Horse and Rodeo News*, June 1, 2015.  
Dealing With Defeat. *Barrel Horse News*, June 2015.  
May Day, Mayday! *The Wrangler: Horse and Rodeo News*, May 1, 2015.  
Slump Got You Stumped? *The Wrangler: Horse and Rodeo News*, Apr 1, 2015.  
Improving Attributions. *The Wrangler: Horse and Rodeo News*, Mar 1, 2015.  
Love Thy Horse. *The Wrangler: Horse and Rodeo News*, Feb 1, 2015.  
Realizing Those Resolutions. *The Wrangler: Horse and Rodeo News*, Jan 1, 2015.  
Mind Over Matter. *Barrel Horse News*, Dec 2014.  
Run Away? (Pt 3 of 3-pt series). *Barrel Horse News*, Aug 2014.  
Just Calm Down. (Pt 2 of 3-pt series). *Barrel Horse News*, July 2014.  
Managing And Embracing Anxiety. (Pt 1 of 3-pt series). *Barrel Horse News*, June 2014.  
Run A Valued Race. *Barrel Horse News*, May 2014.  
See Your Best, Be Your Best. Part II. *Barrel Horse News*, October 2013.  
See Your Best, Be Your Best. Part I. *Barrel Horse News*, September 2013.  
Rein In Your Thoughts. *Barrel Horse News*, June 2013.  
A Fresh Start. *Barrel Horse News*, March 2013.